



Highfield Private Hospital

Highfield Hospital is a purpose-built facility which offers both residential and short-term care and support for a wide range of age related mental health issues. As a mental health approved centre, registered with the Mental Health Commission, Highfield Hospital is dedicated to providing all its residents with the care, dignity and quality of life they deserve.

Accommodation features

The accommodation at Highfield Private Hospital comprises of:

- 100 comfortable spacious bedrooms, all with en-suite facilities
- Walk-in showers
- Superb dining, lounge and quiet areas
- Specialist bathing and shower facilities
- Televisions in all rooms
- All areas are easily accessible

Assessment

An assessment may be carried out in our consultant suite, a referring hospital or in some circumstances the individuals home. Information will be gathered also from other relevant care providers. A further assessment will be carried out on admission and a programme of support to meet particular requirements will be drawn up. This will be reviewed regularly. The focus will be on setting and meeting realistic goals.

Care Team

Residents at Highfield Hospital are cared for by a consultant-led team comprised of a Clinical Director, Consultant Psychiatrist, Director of Nursing, Occupational Therapists and other qualified mental and physical care practitioners.

At Highfield Private Hospital we provide

- 24-hour nursing care
- Medical doctor visits daily
- Advocacy services
- Pastoral care
- Nurse call system
- Specialist lifting and handling equipment
- Physiotherapy sessions
- Occupational therapy
- Reflexology/Aromatherapy
- Extensive recreational activities
- Personal laundry
- Chiropody
- Dental and Optical appointments
- Hairdressing



Highfield Healthcare



Facilities

At Highfield Private Hospital we have a wide range of facilities including:

- Welcoming reception
- Private visitor areas
- Easy access to local amenities
- Hairdressing salon
- Newspaper delivery available
- Ample car parking
- Easy access for disabled
- Dedicated TV rooms
- Consulting room
- Chapel
- Landscaped gardens
- Café

Occupational Therapy and Activities

It is very important here at Highfield Hospital that we meet all of the individual needs of each of our residents as this allows us to strive towards a more person-centred

approach in all aspects of care. This is important also within the recreational settings here at Highfield Hospital.

- All residents here have a number of activities on offer each day and can avail of these activities whenever they wish. These activities are assessed and are deemed suitable for each individual.
- The Activities Therapists here at Highfield Hospital will always look at the history of a resident's social background and design an activities program for each resident based on information and previous history given by families and friends.
- An information guide with detailed information for each of the activities on offer is given to the residents and families which will explain the benefits that can be gained by the resident's engagement in these activities.
- All of the residents here have an individual timetable within their care plans which are available for viewing any time the family member wishes.

Contact

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or visit our website at www.highfieldhealthcare.ie

