



Elmhurst Nursing Home

General information

Elmhurst Nursing Home comprises a modern single storey centre and an elegant 19th century period residence steeped in history. The layout of the unit has been maximised to reduce the stresses of living in a safe and secure facility, while benefiting from the surrounding 65 acres of unspoiled parkland and farm. The location is unrivalled for peace and tranquility.

Accommodation

The accommodation at Elmhurst Nursing Home comprises of:

- 49 comfortable spacious bedrooms, all with en-suite facilities
- Walk-in showers
- Superb dining, lounge and quiet areas
- Specialist bathing and shower facilities
- Televisions in all rooms

- All areas are easily accessible
- Dedicated oratory
- Internal and external landscaped courtyards

Care Services

The Desmond Centre, a unit within Elmhurst, caters for residents with a diagnosis of enduring mental illness. This diagnosis will have been made by an external consultant psychiatrist prior to assessment. These residents will also have been independently assessed and deemed unable to manage living independently in the community. These residents may have an underlying cognitive impairment.

Residents admitted to the 22-bed unit of the Nursing Home known as Elmhurst will be classified as frail elderly who are no longer able to live independently in the community. They may have an underlying medical condition and some cognitive impairment.

At Elmhurst Nursing Home we provide

- 24-hour nursing care
- Medical doctor visits and on call
- Advocacy services
- Pastoral care
- Nurse call system
- Specialist lifting and handling equipment
- Physiotherapy sessions
- Occupational therapy
- Reflexology/Aromatherapy
- Extensive recreational activities
- Choice of menus and specialised diets
- Personal laundry
- Chiropody
- Dental and Optical appointments
- Hairdressing



Highfield Healthcare



Facilities

At Elmhurst Nursing Home we have a wide range of facilities including:

- Welcoming reception
- Private visitor areas
- Easy access to local amenities
- Hairdressing salon
- Personal laundry service
- Newspaper delivery available
- Ample car parking
- Easy access for disabled
- Dedicated TV rooms
- Chapel
- landscaped gardens

Activities

It is very important here at Highfield Healthcare that we meet all of the individual needs of each of our residents as this allows us to strive towards a more person-centred approach in all aspects of care. This is

important also within the recreational settings here at Highfield Healthcare.

All residents here have a number of activities on offer each day and can avail of these activities whenever they wish. These activities are assessed and are deemed suitable for each individual. The activities on offer are group sessions, one-on-one therapy and individual outings.

The Activities Therapists here at Highfield Healthcare will always look at the history of a resident's social back ground and design an activities program for each resident-based on information and previous history given by families and friends.

An information guide with detailed information relating to the activities on offer is given to the residents and families which will explain the benefits that can be gained by the resident's engagement in these activities.

All of the residents here have an individual timetable within their care plans which are available for viewing any time the family member wishes.

Contact

Admissions: Liaison Nurse

Reception: 01 837 4444

Email: admissions@highfieldhealthcare.ie

Fax: 01 633 5800

or visit our website at www.highfieldhealthcare.ie

