



Alzheimer Care Centre

Accommodation

The accommodation at the Alzheimer Care Centre comprises of:

- 154 comfortable spacious bedrooms, most with en-suite facilities
- Walk-in showers
- Superb dining, lounge and quiet areas
- Specialist bathing and shower facilities
- Televisions in all rooms
- All areas are easily accessible

Care Services

Our Care Approach

The opening of our purpose built Alzheimer Care Centre in 1991 was the first of its kind in the country and further developments in 2002 and 2012 are a milestone in recognising the special needs of

Alzheimer patients, their families and others with related disorders.

We provide 24-hour general nursing care for residents with Alzheimer's disease, dementia and a variety of psychiatric conditions. Medication is used minimally, as the environment itself calms agitation and helps to clear confusion. Harsh colours or sounds, which can cause sensory overload, are avoided; light, space and secured gardens give residents a sense of freedom and encourage constant movement. This approach, together with involvement in our varied Activities Therapy programme, relaxes the resident naturally, without the need for sedatives.

Each person who works in the Care Centre – from our dedicated medical and nursing team, to our attentive supportive staff – is constantly striving to offer help and support to the many people whose lives are irreversibly changed by Alzheimer Disease.

At Alzheimer Care Centre we provide

- 24-hour nursing care
- Medical doctor visits daily
- Advocacy services
- Pastoral care
- Alzheimer and dementia care
- Choice of menus and specialised diets
- Nurse call system
- Specialist lifting and handling equipment
- Physiotherapy sessions
- Occupational therapy
- Reflexology/Aromatherapy
- Extensive recreational activities
- Personal laundry
- Chiropody
- Dental and Optical appointments
- Hairdressing



Facilities

At Alzheimer Care Centre we have a wide range of facilities including:

- Welcoming reception
- Private visitor areas
- Easy access to local amenities
- Hairdressing salon
- Newspaper delivery available
- Ample car parking
- Easy access for disabled
- Dedicated TV rooms
- Consulting room
- Chapel
- Landscaped gardens
- Café

Activities

We offer a number of activities for our residents as it is very important here at Highfield Healthcare that we meet all of the individual needs of each of our

residents. This allows us to strive towards a more person-centred approach in all aspects of care. This is important also within the recreational settings here at Highfield Healthcare.

All residents have a number of activities on offer each day and can avail of these activities whenever they wish. These activities are assessed and are deemed suitable for each individual. The activities on offer are group sessions, one-on-one therapy and individual outings.

The Activities Therapists here at Highfield Healthcare will always look at the history of a resident's social background and design an activities program for each resident based on information and previous history given by families and friends.

An information guide with detailed information to each of the activities on offer is given to the residents and families which will explain the benefits that can be gained by the resident's engagement in these activities.

Contact

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or visit our website at www.highfieldhealthcare.ie

